

2011-2012 Menu

Owensboro Middle-North



Owensboro Middle-South



Owensboro Public Schools

LUNCH MENU	Monday	Tuesday	Wednesday	Thursday	Friday
Grab—N—Go Offered Daily	<u>PB & Jelly Sandwich</u> <u>Turkey BLT Wrap</u> <u>Spicy Chicken Wrap</u> <u>Bologna & Cheese Sandwich</u>	<u>PB & Jelly Sandwich</u> <u>Turkey BLT Wrap</u> <u>Spicy Chicken Wrap</u> Manager's Choice Sandwich	<u>PB & Jelly Sandwich</u> <u>Turkey BLT Wrap</u> <u>Spicy Chicken Wrap</u> <u>Sub Sandwich</u>	<u>PB & Jelly Sandwich</u> <u>Turkey BLT Wrap</u> <u>Spicy Chicken Wrap</u> <u>Ham & Cheese Sandwich</u>	<u>PB & Jelly Sandwich</u> <u>Turkey BLT Wrap</u> <u>Spicy Chicken Wrap</u> <u>Bologna & Cheese Sandwich</u>
Week 1— Option 1	<u>Chicken Alfredo</u> <u>Pizza</u> <u>Tossed Salad</u> <u>Green Beans</u> *Fruit Choice* <u>Breadstick</u>	MANAGER'S CHOICE	<u>Popcorn Chicken</u> <u>Whipped Potatoes</u> <u>Broccoli</u> <u>Carrot Sticks</u> *Fruit Choice* <u>Hot Roll</u>	<u>Hot Dog on Bun or Corn Dog</u> <u>Tater Wedges</u> <u>Baked Beans</u> <u>Peas</u> *Fruit Choice* <u>Cookie</u>	<u>Taco Salad with Corn Chips</u> *Fruit Choice* <u>Corn</u> <u>Lettuce/Tomato/Cheese Cup</u> <u>Chili Beans</u>
Option 2	<u>Chef Salad</u>	<u>Chef Salad</u>	<u>Chef Salad</u>	<u>Chef Salad</u>	<u>Chef Salad</u>
Week 2— Option 1	<u>Hamburger on Bun</u> <u>Pizza</u> <u>Tossed Spinach Salad</u> <u>Carrots with dip</u> *Fruit Choice* <u>Pudding</u>	<u>McRib / Fish on Bun</u> <u>Twister Fries</u> <u>Pickle Spears</u> <u>Peas</u> *Fruit Choice* <u>Coleslaw</u>	<u>Country Steak With White Gravy</u> <u>Green Beans</u> <u>Whipped Potatoes</u> *Fruit Choice* <u>Biscuit</u>	<u>Chicken on a Bun</u> <u>Baked Potato</u> <u>Tossed Salad</u> <u>Lima Beans</u> *Fruit Choice* <u>Cookie</u>	<u>Chicken Fajita</u> <u>Rice</u> <u>Lettuce/Queso Cheese Cup</u> <u>Corn</u> *Fruit Choice* <u>Salsa</u>
Option 2	<u>Chef Salad</u>	<u>Chef Salad</u>	<u>Chef Salad</u>	<u>Chef Salad</u>	<u>Chef Salad</u>
Week 3— Option 1	<u>Asian Chicken</u> <u>Pizza</u> <u>Oriental Vegetables</u> <u>Rice Pilaf</u> <u>Popeye Salad</u> *Fruit Choice*	<u>Crispito</u> <u>Lettuce/ Cheese Cup</u> <u>Salsa</u> <u>Sweet Potato</u> *Fruit Choice* <u>Fresh Veggie</u>	<u>Chicken Tenders</u> <u>Fish Nuggets</u> <u>Macaroni and Cheese</u> <u>Peas</u> <u>Bread Slice</u> *Fruit Choice*	<u>Hamburger on a Bun</u> <u>French Fries</u> <u>Baked Beans</u> <u>Lettuce/Tomato/Cheese Cup</u> *Fruit Choice* <u>Cookie</u>	<u>Spaghetti</u> <u>Garlic Bread</u> <u>Corn on the Cob</u> <u>Tossed Spinach Salad</u> *Fruit Choice*
Option 2	<u>Chef Salad</u>	<u>Chef Salad</u>	<u>Chef Salad</u>	<u>Chef Salad</u>	<u>Chef Salad</u>

July							August							September								
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S		
					1	2	1	2	3	4	5	6							1	2	3	
3	4	5	6	7	8	9	7	8	9	10	11	12	13	4	5	6	7	8	9	10		
10	11	12	13	14	15	16	14	15	16	17	18	19	20	11	12	13	14	15	16	17		
17	18	19	20	21	22	23	21	22	23	24	25	26	27	18	19	20	21	22	23	24		
24	25	26	27	28	29	30	28	29	30	31												
31													25	26	27	28	29	30				
October							November							December								
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					1					1	2	3	4	5						1	2	3
2	3	4	5	6	7	8	6	7	8	9	10	11	12	4	5	6	7	8	9	10		
9	10	11	12	13	14	15	13	14	15	16	17	18	19	11	12	13	14	15	16	17		
16	17	18	19	20	21	22	20	21	22	23	24	25	26	18	19	20	21	22	23	24		
23	24	25	26	27	28	29	27	28	29	30												
30	31												25	26	27	28	29	30	31			
January							February							March								
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S		
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24	25	26	27	28	29	30	28	29	30													
31													25	26	27	28	29	30	31			
April							May							June								
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S		
					1	2																
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17	18	19	20	21	22	23	21	22	23	24	25	26	18	19	20	21	22	23	24			
24	25	26	27	28	29	30	28	29	30	31												
31													24	25	26	27	28	29	30	31		

BREAKFAST	Monday	Tuesday	Wednesday	Thursday	Friday
Served Daily	<u>Juice / Milk / *Fruit Choice*</u>				
Week 1— Option 1	<u>Breakfast Pizza</u>	<u>Manager's Choice</u>	<u>Waffle Stick and Sausage</u>	<u>Biscuit and Gravy</u>	<u>Egg Casserole</u>
Option 2	<u>Cereal / Toast/Jelly</u>	<u>Cereal / Toast/Jelly</u>	<u>Cereal / Toast/Jelly</u>	<u>Cereal / Toast/Jelly</u>	<u>Cereal / Toast/Jelly</u>
Week 2— Option 1	<u>Breakfast Sandwich</u>	<u>Yogurt and Cinnamon Toast</u>	<u>Pancake and Sausage</u>	<u>Biscuit and Gravy</u>	<u>Egg Casserole</u>
Option 2	<u>Cereal / Toast/Jelly</u>	<u>Cereal / Toast/Jelly</u>	<u>Cereal / Toast/Jelly</u>	<u>Cereal / Toast/Jelly</u>	<u>Cereal / Toast/Jelly</u>
Week 3— Option 1	<u>Tornado</u>	<u>Quesadilla</u>	<u>Waffle Stick and Sausage</u>	<u>Biscuit and Gravy</u>	<u>Egg Casserole</u>
Option 2	<u>Cereal / Toast/Jelly</u>	<u>Cereal / Toast/Jelly</u>	<u>Cereal / Toast/Jelly</u>	<u>Cereal / Toast/Jelly</u>	<u>Cereal / Toast/Jelly</u>

- * Fruit Choice* May Include: Fresh Fruit, Canned Fruit, or Fruit Juice.
- Chili and Soups will be served during October thru March.
- Menus are subject to change without notice due to availability
- **The Month of May is Manager's Choice.**
- **Charges are not allowed for a la carte items, if necessary item will be removed from tray.**
- Condiments Include: Ketchup, Mustard, BBQ Sauce, Tartar Sauce, Ranch Dressing, French Dressing, and Salad Dressing.
- Whole Wheat Bread / Rolls are offered daily.

Prices:

Students, Full Pay
Students, Reduced
Adults

Breakfast

\$1.00
\$0.30
\$1.50

Lunch

\$1.65
\$0.40
\$3.00

Free and Reduced Meal Benefits

- To apply for free/reduced priced meal benefits, complete a family application. Applications are available at the school, online, or from the Food Service Department .
- Prepayment is strongly encouraged. **Online payments are available through eFunds.** For more information, please visit the POS website or contact Food Service at 686-1000.
- For additional information contact Lisa McCarty, Child Nutrition Director at 270-686-1000 or lisa.mccarty@owensboro.kyschools.us
- Common food allergen triggers include, but are not limited to, dairy, nuts, soy, and wheat. These products may have come in contact with foods during manufacturing or serving.
- **CHECK ACCEPTANCE POLICY:** Returned checks are subject to electronic recovery for the face value and state allowed fee. We have the right directly or by agent to resubmit your check electronically and/or deposit a paper draft to withdraw the state allowed fee, without your signature, for each returned check as permitted by law. If you have any questions concerning our check acceptance policy, please call 1-877-891-5422 (Toll Free). Your payment by check constitutes your acceptance of these terms.

OMS—South Campus Cafeteria Manager
Donna Basham

270-686-1038

OMS-North Campus Cafeteria Manager
Diane Schindler

270-686-1109

Owensboro Board of Education Non-Discrimination Policy in COMPLIANCE with Title VI, Title VII, Title IX, ADA and SECTION 504

Owensboro Public Schools' parents, students, employees, and the general public are hereby notified that the Owensboro Independent School District does not discriminate on the basis of race, color, national origin, age, religion, marital status, sex, or disability in employment programs, educational programs, career and technical education programs, or activities as set forth in compliance with the Office of Civil Rights Law Title VI, Title VII, Title IX, ADA, and Section 504. Any person having inquiries concerning the Owensboro Independent School District's compliance with the office of Civil Rights Law, Title VI, Title VII, Title IX, ADA and Section 504 is directed to contact: Dr. Larry Vick, Superintendent Owensboro Board of Education 1335 West 11th Street, Owensboro, KY 42301. Phone (270) 686-1000.

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.