

Free and Reduced Meal Benefits

- To apply for free/reduced priced meal benefits, complete a family application. Applications are available at the school, online, or from the Food Service Department.
- Prepayment is strongly encouraged. Online payments are available through eFunds.
- For additional information contact Lisa McCarty, Child Nutrition Director at 270-686-1000 or lisa.mccarty@owensboro.kyschools.us
- Common food allergen triggers include, but are not limited to, dairy, nuts, soy, and wheat. These products may have come in contact with foods during manufacturing or serving.
- **CHECK ACCEPTANCE POLICY:** Returned checks are subject to electronic recovery for the face value and state allowed fee. We have the right directly or by agent to resubmit your check electronically and/or deposit a paper draft to withdraw the state allowed fee, without your signature, for each returned check as permitted by law. If you have any questions concerning our check acceptance policy, please call 1-877-891-5422 (Toll Free). Your payment by check constitutes your acceptance of these terms.

Seven Hills Cafeteria Manager

Cathy Henry

270-686-1123

Seven Hills Alternative

Owensboro Board of Education Non-Discrimination Policy in COMPLIANCE with Title VI, Title VII, Title IX, ADA and SECTION 504

Owensboro Public Schools' parents, students, employees, and the general public are hereby notified that the Owensboro Independent School District does not discriminate on the basis of race, color, national origin, age, religion, marital status, sex, or disability in employment programs, educational programs, career and technical education programs, or activities as set forth in compliance with the Office of Civil Rights Law Title VI, Title VII, Title IX, ADA, and Section 504. Any person having inquiries concerning the Owensboro Independent School District's compliance with the office of Civil Rights Law, Title VI, Title VII, Title IX, ADA and Section 504 is directed to contact: Dr. Larry Vick, Superintendent Owensboro Board of Education 1335 West 11th Street, Owensboro, KY 42301 Phone (270) 686-1000.

.In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer

2011-2012 MENU FOR SEVEN HILLS ALTERNATIVE

<u>PRICES:</u>	<u>Breakfast</u>	<u>Lunch</u>
Students, Full Pay	\$1.00	\$1.80
Students, Reduced	\$0.30	\$0.40
Adults	\$1.50	\$3.00

Owensboro Public Schools

2011-2012

Menu

LUNCH	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Choice-Week 1	Chicken / Bun Au Gratin Potatoes Glazed Carrots *Fruit Choice*	Fish Nuggets Broccoli Macaroni & Cheese *Fruit Choice*	Taco Salad /Corn Chips Lettuce /Tomato /Taco Sauce/ Cheese Cup Chili Beans *Fruit Choice*	Hot & Spicy Wings Mashed Potatoes Green Beans Roll *Fruit Choice*	Pizza Salad Corn *Fruit Choice*
Hot Choice-Week 2	Sub Sandwich Lettuce/Tomato Cup Pasta Salad Pickles *Fruit Choice*	Spaghetti Breadstick Tossed Salad Green Beans *Fruit Choice*	Pork Rib Patty / Bun Twister Fries Baked Beans *Fruit Choice*	Popcorn Chicken Whipped Potatoes Broccoli & Cheese Roll *Fruit Choice*	Cheeseburger / Bun French Fries Spinach Salad *Fruit Choice*
Hot Choice-Week 3	Country Steak with Gravy Whipped Potatoes Peas Bread Slice *Fruit Choice*	Chicken Fajita Lettuce/ Cheese Cup Rice Refried Beans *Fruit Choice*	Manager's Choice	BBQ on Bun Pickle / Onions Baked Beans *Fruit Choice*	Hot Dog / Bun Bar Cheese, Sauerkraut, Onions, Relish, and Peppers Tossed Salad Cookie *Fruit Choice*
Cold Choice Every Week	Chef Salad				
Drinks-	Milk/ Fruit Juice				
BREAKFAST	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Choice-Week 1	Cheese Pizza	Waffle Sticks	Chicken Biscuit	Tornado	Sausage/Biscuit/Gravy
Hot Choice-Week 2	Breakfast Pizza	French Toast Sticks	Chicken Biscuit	Egg / Toast	Sausage/Biscuit/Gravy
Hot Choice-Week 3	Cheese Pizza	Pancake & Sausage	Manager's Choice	Cinnamon Toast	Sausage/Biscuit/Gravy
Cold Choice-Weekly	Cereal/Toast/Jelly				
Daily Choices	Milk and *Fruit Choice*				

July							August							September									
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S			
					1	2			1	2	3	4	5	6						1	2	3	
3	4	5	6	7	8	9	7	8	9	10	11	12	13	14	15	4	5	6	7	8	9	10	
10	11	12	13	14	15	16	14	15	16	17	18	19	20	21	22	11	12	13	14	15	16	17	
17	18	19	20	21	22	23	21	22	23	24	25	26	27	28	29	18	19	20	21	22	23	24	
24	25	26	27	28	29	30	28	29	30	31							25	26	27	28	29	30	
31																							
October							November							December									
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S			
						1				1	2	3	4	5						1	2	3	
2	3	4	5	6	7	8	6	7	8	9	10	11	12	13	4	5	6	7	8	9	10		
9	10	11	12	13	14	15	13	14	15	16	17	18	19	20	11	12	13	14	15	16	17		
16	17	18	19	20	21	22	20	21	22	23	24	25	26	27	18	19	20	21	22	23	24		
23	24	25	26	27	28	29	27	28	29	30						25	26	27	28	29	30	31	
30	31																						
January							February							March									
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S			
1	2	3	4	5	6	7				1	2	3	4						1	2	3		
8	9	10	11	12	13	14	5	6	7	8	9	10	11	4	5	6	7	8	9	10			
15	16	17	18	19	20	21	12	13	14	15	16	17	18	11	12	13	14	15	16	17			
22	23	24	25	26	27	28	19	20	21	22	23	24	25	18	19	20	21	22	23	24			
29	30	31					26	27	28	29						25	26	27	28	29	30	31	
April							May							June									
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S			
1	2	3	4	5	6	7				1	2	3	4	5						1	2		
8	9	10	11	12	13	14	6	7	8	9	10	11	12	3	4	5	6	7	8	9			
15	16	17	18	19	20	21	13	14	15	16	17	18	19	10	11	12	13	14	15	16			
22	23	24	25	26	27	28	20	21	22	23	24	25	26	17	18	19	20	21	22	23			
29	30						27	28	29	30	31						24	25	26	27	28	29	30

- Chili and Vegetable Soup will be served November thru February.
- Menus are subject to change without notice due to availability.
- The Month of May is Manager's Choice.
- *Fruit Choice* may include: [Fresh Fruit](#), [Canned Fruit](#), or [Fruit Juice](#)

Charges are not allowed for a la carte items, if necessary item will be removed from tray.

Owensboro Public Schools

** Internet Deposits are now available through eFunds. For more information, please visit the OPS website or contact Food Service at 686-1000.**